

JOHNSTON COUNTY AREA MENTAL HEALTH BOARD MEETING

February 22, 2011

Present: Dr. Donna Merkwan, Derle Moore, Eleanor Creech, Carol Beaumont

Absent: Chuck Hester, Maylon Baker, Andrea Johnson, DeVan Barbour

Excused Absence(s): Dr. Pat Harris

Guest(s): Marie Dodson, Jason Phipps, Karen Watkins

Staff: Dr. Janis Nutt, Dr. Wendy Elliott, Dr. Kumari Verghese, Jan Whitley

Dr. Donna Merkwan, Chairperson, presided over the meeting which was held at 7:05 p.m. in the conference room at the Center.

MINUTES

1. Approval of Minutes - October 26, 2010

Eleanor Creech made a motion that the minutes of the October 26, 2010, meeting be approved as presented. Derle Moore seconded the motion and it carried unanimously.

2. Reports From Committees

(a) Support Committee - Derle Moore, Chairman

(1) Financial Report - January, 2011

Derle Moore made a motion that the financial reports for January, 2011, be approved as presented. Eleanor Creech seconded the motion and it carried unanimously.

(2) FY11 Contract(s) - Information Sharing

(a) Carolina Support Services, Inc.

(b) Hope in the Carolina, LLC

(c) Lutheran Family Services in North Carolina

(d) National Mentor Healthcare, LLC d/b/a North Carolina Mentor

(3) FY11 Contract Amendment(s) - Information Sharing

(a) A New Start Support Services, LLC - Amendment #4

(b) Community Based Learning Alternatives Center, Inc. (CBLAC)-Amendment #1

(c) Day By Day Treatment Center of Johnston County, Inc. - Amendment #1

(d) Easter Seals UCP of North Carolina and Virginia, Inc. - Amendment #2

(e) Johnston County Industries, Inc. - Amendment #1

(f) RHA Health Services, Inc. - Amendment #1

(4) FY11 Contract Termination(s) - Information Sharing

(a) The Lawson's House

(5) FY11 Personal Service Contract Amendment(s) - Information Sharing

Administrative & Service Management Consultants

(a) Brian Grover, Psy.D.

Medical & Psychiatric Consultants

- (a) Abdul Khalid, M.D.
 - (b) Capital Area Psychiatric Associates, PLLC (Hasan Baloch, M.D.)
- (6) Bad Debt Write-Off - \$21,809.67 (11/19/10 - \$13,000.34 & 1/13/11 - \$8,809.33) - Information Sharing
- (b) Client Rights Committee
No report.
- 3. Policy/Policy Revision(s) - For Board Approval
 - (a) Monitoring Consumers on Psychotropic Medication
Carol Beaumont made a motion that this policy revision be approved as presented. Derle Moore seconded the motion and it carried unanimously.
 - (b) Problem Resolution for Providers
Carol Beaumont made a motion that this policy revision be approved as presented. Derle Moore seconded the motion and it carried unanimously.
- 4. Mental Health Center FY10 Annual Report
The Johnston County Mental Health Center FY10 Annual Report was presented to Area Board members for their review.
- 5. Report from CFAC
Jason Phipps reported to Area Board members that several CFAC members had recently participated in a Super Regional CFAC Conference. In addition, CFAC members, in order to be more cost effective, have made a decision to meet every other month instead of monthly.
- 6. Report From Dr. Nutt
Dr. Janis Nutt gave the Area Board members an update on statewide implementation of 1915 (b) and (c) Waiver. At the moment, the Department of Health and Human Services (DHHS) is planning for all the state to be covered under these waivers within the next few years to manage care for Medicaid and state funds. To be eligible to become a waiver site, an LME must have at least 70,000 covered Medicaid lives. Currently, Johnston has 25,000 covered Medicaid lives and currently remains under the mandated 200,000 population for an LME. At this point, the Secretary of DHHS has said he is open to LME's joining together in collaborations ranging from merger to memoranda of agreement for Waiver functions. Considerations for such collaborations include local presence, care coordination, local provider systems, relationships with other county agencies and local safety services. At present, legislation has been passed that allowed only two LMEs to move forward with obtaining waiver status in addition to one existing Waiver site (Mecklenburg and Western Highlands were selected). It is anticipated that these barriers will be removed in the current legislative session. Dr. Nutt is currently investigating alliances with several other single county LME's and also a group of eastern LME's who have gone in together to investigate collaboration. She will inform the Board in more detail as information is available.

Dr. Nutt informed Area Board members that since our last meeting the Division of MH/DD/SAS has certified approximately 190 CABHAs (Certified Access Behavioral Health Agencies). This concept of the private mental health center has not quite reached its original idea in regards to continuum of care. Dr. Nutt reported that Dr. Kumari Verghese is

scheduled to participate in upcoming Medical Director interviews for agencies still seeking CABHA certification status.

Dr. Nutt informed Area Board members that Dr. Verghese is presently working for Community Care of Wake and Johnston Counties (CCWJC) one day per week to facilitate integration of care for consumers. Dr. Verghese explained to Area Board members that CCWJC has multiple initiatives: monitor and reduce re-admission to hospitals by 1.2%, management of chronic pain and prescribing pain medications more appropriately, integrating behavioral health with primary care and palliative care.

Dr. Nutt reported to Area Board members that since our last meeting, the clinical position for the Kate B. Reynolds Grant, has been filled. The clinician is located at the Johnston County Health Department (JCHD) and is working with JCHD staff to assist with their understanding of the referral process. Referrals from the JCHD Primary Care Unit began February 1, 2011. In a recent conversation with representatives of the Kate B. Reynolds Grant, it is believed that the project will continue for another year and there is a good probability of an additional two years of funding.

Dr. Nutt reported to Area Board members that it appears that Governor Purdue's 2012 Budget was fairly lenient in terms of cuts to Mental Health.

Dr. Nutt announced to Area Board members that effective January 1, 2011, the Cheap Thrills Thrift Store is under the management of Johnston County Industries, Inc. Our manager, Charisse Creech, did a wonderful job with the operation of the store and made it a success. Ms. Creech has transitioned to our support staff here at the Center and is currently working in our Reimbursement Unit.

There being no further business, Eleanor Creech made a motion that the meeting be adjourned. Derle Moore seconded the motion and it carried unanimously. The meeting adjourned at 7:50 p.m.

Respectfully submitted,

Donna Merkwon, Ph.D., Chairperson
Johnston Area MH/DD/SAA

Angela Hinnant, Secretary
Johnston Area MH/DD/SAA